



**Class Schedule**

	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>	<b>Saturday</b>	<b>Sunday</b>
<b>Kids</b>							
<b>12-12:45 pm</b>						<b>8-12 yrs old</b>	
<b>5:00-5:30 pm</b>	<b>6-8 yrs old</b>						
<b>5:30-6:15 pm</b>	<b>6-12 yrs old</b>	<b>6-12 yrs old</b>	<b>6-12 yrs old</b>	<b>6-12 yrs old</b>			
<b>Adults / Teens</b>							
<b>6:30-7:30 am</b>		<b>Sport No-Gi</b>			<b>Sport No-Gi</b>		
<b>10:00-11:00 am</b>						<b>Teen &amp; Adult Open Mat</b>	
<b>11:00-12:00 pm</b>							<b>Women's only Class</b>
<b>6:20-7:20 pm</b>	<b>Sport Gi</b>	<b>Self Defense Gi</b>	<b>Sport No-Gi</b>	<b>Self Defense Gi</b>			
<b>7:20-8:20 pm</b>		<b>Sport No-Gi</b>					